

# Raw Berry Crisp

Prep time:

15 minutes

Yields:

8 people

Ingredients:

- 6 cups mixed berries-(blackberries, blueberries, and raspberries, etc.)
- 1 tablespoon pure maple syrup, more or less to taste depending on sweetness of berries
- 1 cup raw pecans
- 1/2 cup raw walnuts
- 1/2 cup pitted dates.
- 1/2 tsp ground cinnamon
- 1/8 tsp organic vanilla extract

Directions:

In a mixing bowl toss together the berries with the syrup and vanilla (try not to crush the juice out of the berries). Next, put the pecans, walnuts, dates and cinnamon into a food processor. Pulse this mixture until it is ground coarsely. Place berries in a large serving dish or individual ramekins and top with nut mixture. Serve immediately or refrigerate until ready to serve.

Chef Mat Shalenko