

Strawberry Coulis

Prep time:

10 minutes

Cook time:

5 minutes

Yields:

About 1 cup

Ingredients

- 1 cup fresh or frozen strawberries, hull removed
- 1/2 cup coconut sugar
- 1 tablespoon lemon juice

Directions:

1. In a medium saucepan, combine the strawberries, coconut sugar, and lemon juice.
2. Bring to a boil over medium-high heat.
3. Transfer to a blender and puree until smooth.