

## **Black Bean and Avocado Salad**

### **Prep time:**

10 minutes

### **Yields:**

4 people

### **Ingredients:**

1 head of romaine, chopped and rinsed well

1 can black beans, drained and rinsed well

¼ cup diced red onion

2 roma tomatoes, diced

1-2 tablespoons cilantro, chopped

1-2 tablespoons jalapeno, small diced (more or less depending on how spicy you like it)

1 ripe avocado, diced

juice from one lime

salt and pepper to taste

### **Directions:**

Combine all ingredients in a large mixing bowl and toss together. Serve and enjoy!