

# **Corn, Beet and Spinach Salad**

**Prep time:**

10 minutes

**Yields:**

4 people

**Ingredients:**

- 8 cups baby spinach
- 2 medium beets, cooked
- 1 cup corn kernels, fresh or frozen
- 1 tsp tarragon leaves
- ¼ cup olive Oil
- 2 TB freshly squeezed lemon juice
- 1 teaspoon garlic, finely minced
- Salt and pepper to taste

**Directions:**

Peel, quarter and slice beets and set aside. In a medium size bowl, mix together tarragon, lemon juice and garlic. Slowly drizzle in olive oil and season with salt and pepper. Mix in beets, corn and spinach. Toss to combine.

Chef Mat Shalenko