

Roasted Brussels Sprouts

Prep time:

5 minutes

Cooking time:

30 minutes

Yields:

4 people

Ingredients:

1 pound brussels sprouts, cut in half lengthwise
2 tablespoons extra virgin olive oil
1 tablespoon balsamic vinegar
1 tablespoon chopped garlic
salt and pepper to taste

Directions:

Toss ingredients together and place on sheet pan. Place in oven at 425 degrees for 15-20 minutes. Enjoy!