

Salad with Pumpkin Seeds, Apple and Celery Root with Lemon Maple Vinaigrette

Prep time:

10 minutes

Yields:

4 servings

Ingredients:

1 pound spring mix

½ cup diced apple

½ cup diced celery root

½ cup toasted pumpkin seeds

For the dressing:

½ teaspoon pumpkin pie spice

juice of one lemon

1 tablespoon maple syrup

2-3 tablespoons olive oil

salt and pepper to taste

Directions:

Combine first four ingredients in a bowl. In a separate bowl, whisk together lemon juice, maple syrup, olive oil, pumpkin pie spice, salt and pepper. Pour onto salad and toss to combine.