

Spinach Salad with Roasted Peppers, Cucumber and Olives

Prep time:

15 minutes

Yields:

4 servings

Ingredients:

- 6 cups baby spinach
- 1 roasted red pepper, julienned
- 1 carrot, grated
- 1 ½ cups english cucumber, diced
- 2 tablespoons olives, chopped (kalamata, spanish or whatever you prefer)
- 2 tablespoons olive oil
- 1 tablespoon whole grain mustard
- 1 tablespoon apple cider vinegar
- Salt and pepper to taste

Directions

In a large mixing bowl mix together apple cider vinegar and whole grain mustard. Drizzle in olive oil and season to taste. Add remaining ingredients, toss together and serve.